

IT'S SEW EASY: *Create unique patches with free-motion stitching!*

Use all those small scraps of fabric and odd spools of thread to create colorful textured patches!

Free motion stitching /quilting secures the bits of fabric to a base while creating texture and additional color. In this example we will be making a 5.5" (14cm) circle.

Supplies:

- Small scraps of fabric:
 - a) same color family, b) small patterns
- Large ~9" (23cm) diameter piece of base fabric
- Thread in a similar color group

Equipment:

- a) sewing machine with zigzag and free-motion features, b) pinking shears, c) circle to trace, d) rubber gloves, e) iron



Process:

Iron all fabrics flat. Trace circle onto base fabric. Trim scrap edges with pinking shears, cutting away small pointed edges. Retain the organic shapes of the scraps (more interesting!). Scraps should be small enough so that 7-9 different fabrics can be featured within the circle.

Optional: leave several scraps long enough to cover 2/3 of the circle, as shown above.

Layer the scraps on the base fabric, overlapping them so that the base fabric does not show. The more organic the arrangement, the more interesting the patch will be. Put the free motion foot on the machine and set the stitch for free motion (the feed dogs are dropped so you control all fabric movement). Wearing rubber gloves helps to grip & move the fabric. If you are not familiar with free motion stitching, practice on scrap fabric.

Set the fabric under the presser foot, in the middle of a scrap. Begin to make small circles as you stitch. Work from the center out on each scrap to prevent making fabric "bubbles". When transitioning onto the next scrap, take care to keep the raw edge flat and sewn down at least every 1/3" (8cm) of the pinked edges. Continue stitching with rounded /circular motions until all scraps are secured. Press. Trace a circle and cut out with pinking shears. Stitch to garment and enjoy!



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Paganoonoo upcycle sewing instructions! www.etsy.com/shop/Paganoonoo/

www.paganoonoo.com



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Boro Jacket
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